

September  
2021

Issue 55

# GRND COFFEEHOUSE NEWS THE WEEKENDER

*A Monthly Newsletter by GRND Coffeehouse*



## A LOOK INSIDE THIS ISSUE:

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**1. The GRND  
Coffeehouse Gallery ART  
Exhibit Opens  
September 30th -  
October 3rd  
at GRND Coffeehouse in  
the Oak Park Art District**

The GRND "Collection Coffees" have arrived  
Order your premium collection online  
or stop by and pick up a bag or two.

**3. New Coffee  
Subscription Plans!!!**

## THE PERFECT BALANCE ART...

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Inside the GRND Coffeehouse we have dedicated four gallery walls to four amazing artists. The artists are local and from New York, California and Florida! The art will include:

Landscapes  
Abstracts  
Sculptured Masks  
...to commission portraits!

This Art Exhibit is one you don't want to miss. .

**Please RSVP your preferred date as space is limited.  
All COVID restrictions will be strictly adhered to for  
public safety.**

RSVP to: 708.613.4592  
or email us your attendance date at:  
grndcoffeehouse@gmail.com

## FROM THE EDITOR

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ART has always been a love and a passion of mine. At a wonderful point in my full life, I owned an art gallery and represented over 15 unique, talented artists.

The gallery represented sculptors, suminagashi, abstracts, oil and acrylic, watercolor, landscapes, still life and more. The artists were as diverse as their art which is what made each exhibit a real show stopper.

People stopped by from all over the country to enjoy the subjective feel good vibe of what the essence of art presents.

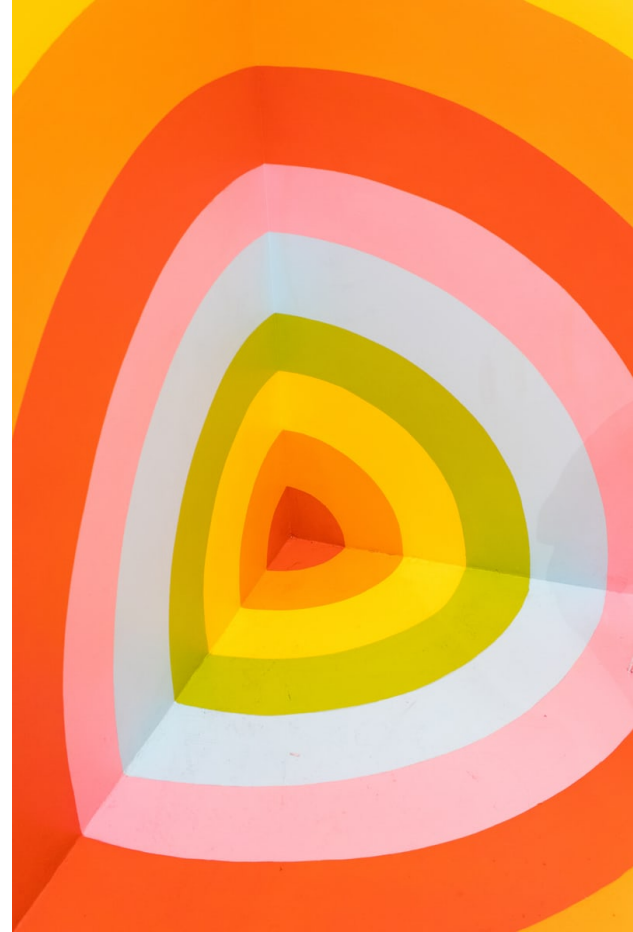
This September 30 thru. October 3rd 5:00 pm- 8:00 pm at the GRND Coffeehouse Gallery~ the walls will display the wonders of fluid abstracts, still life, landscapes and sculptured masks.

We welcome you and yours to be a part of this festive gathering. We can't wait to see you!

Don't forget to RSVP!  
708.613.4592

All my love~  
Bridgette Marie

**"ART SPEAKS WHERE  
WORDS ARE UNABLE TO  
EXPLAIN"  
-MATHIOLE**





**THE NEW GRND  
"COLLECTION COFFEES' IS  
THAT PERFECTION BALANCE  
OF DISCOVERY AND FEELING  
EVER SO GOOD...**

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Try the New GRND Premium Collection Coffees:  
ALL Collection 16oz \$21.99

**Bolder Lion:** This is perhaps the smoothest dark roast around. It is aromatic and bold but friendly.

**Vanilla Dream:** This Madagascar Vanilla blend is as creamy as it is dreamy. The vanilla is a wonderful accent to our medium roast making this quite a luxurious blend.

**Smooth Operator:**  
The perfect blend of our caramel and coconut coffees. It is smooth, delectable and unforgettable- a real smooth operator.



## **COFFEE IS GOOD FOR YOU!**

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*Coffee is loaded with antioxidants and Hydrocinnamic acids that are very effective at neutralizing free radicals and preventing oxidative stress- Healthline*

The MAYO Clinic states, "When newer studies adjusted for factors, they found a possible association between coffee and decreased mortality. Coffee may offer some protection-against: Parkinson's disease, Type 2 diabetes, Liver disease, including liver cancer, Heart attack and stroke".



## **REALLY, DO YOU.**

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However you like your brew is up to you. Your beverage is subjective. Some like it BLACK, a Little Cream, Lots of Cream, Sugar, No Sugar, Whipped Cream, Syrups, Spices etc... What's important is your palate and it's desire to be pleased.  
Cheers~



but  
first  
coffee



**COFFEE SUBSCRIPTION IS HERE!!!!**

## COFFEE SUBSCRIPTION PLANS

**#1 Just Coffee: \$35.00 Plus Free Shipping in US**  
Two fresh 12oz bags of your favorite coffee will arrive each month just in time to put a smile on your face:)

**#2 The Mixer: \$30.00/mo \$5.00 flat shipping**  
Your favorite 12oz bag of Coffee will arrive monthly along with a new 4oz flavored coffee of your choice and a 4oz 'premium collection coffee' of your choice!

**#3 The Collection: \$39.00 /mo Plus Free Shipping in US!**

In addition to your favorite 12oz coffee, you will receive one of our 'premium collection coffees' in a 8oz size and a 4oz flavored coffee to try.

Sign up in September and receive a coupon for 10% off any holiday or celebration swag box good thru December 31, 2021!!!



Relax and Let GRND make  
your Coffee Experience a  
pure delight

[www.grndcoffeehouse.com](http://www.grndcoffeehouse.com)

708.613.4592